

URBAN INDIGENOUS PREVENTATIVE HEALTH CLINIC



Take Charge of Your Health!

Services provided by a Registered Nurse:

- ✓ Blood pressure checks
- ✓ Diabetes Screening- blood sugar & foot checks
- ✓ Chronic disease prevention
- ✓ Cancer prevention education
- ✓ Smoking cessation advice
- ✓ HPV testing (previously known as PAP test)
- ✓ Pregnancy testing
- ✓ Emergency contraception (Plan B)
- ✓ Sexual Health - testing & screening
- ✓ Labwork (must have Life Labs requisition from GP or specialist)
- ✓ Wound assessment

**WALK-INS WELCOME!
LET'S TALK
PREVENTION!**

UPCOMING DATES:

SEPT 23

OCT 15

NOV 25

DEC 9

TIME: 10AM - 2PM

**WHERE: TWIN BRIDGES NURSE
PRACTITIONER-LED CLINIC
ADDRESS: 153 CHRISTINA ST. S,
SARNIA**

CALL NOW TO REGISTER!

PHONE: 226-776-9030