



Age-Friendly Expo 2026

Sponsored by:



# Empower your Wellbeing

**LEARN • CONNECT • PREVENT**



Join us to explore staying healthy, connecting with the community, and taking action for a stronger, happier you!



**Wednesday, May 6**



**9am-6pm**



**210 Monk St, Point Edward, ON N7V 1N2**

**All ages event**

**Free raffles and swag**

**Over 100 vendors!**

**No admission fee**



For more information or to volunteer at the event

[agefriendlysarnialambton.ca](http://agefriendlysarnialambton.ca)

[agefriendlysarnialambton@gmail.com](mailto:agefriendlysarnialambton@gmail.com)

