



Age-Friendly Expo 2026

Sponsored by:



Empower your Wellbeing

LEARN • CONNECT • PREVENT



Join us to explore staying healthy, connecting with the community, and taking action for a stronger, happier you!



Wednesday, May 6



9am-6pm



**210 Monk St, Point
Edward, ON N7V 1N2**

**All ages
event**

**Free
raffles and
swag**

**Over 100
vendors!**

**No admission
fee**



For more information or to volunteer at the event

agefriendlysarnialambton.ca

agefriendlysarnialambton@gmail.com

