



**E-nangaabe-jig**  
Health Services

# Preventive Health Program

Services provided by a Registered Nurse from  
Twin Bridges Nurse Practitioner-Led Clinic

- ✓ Blood pressure Check
- ✓ Diabetes Screening - blood sugar & foot checks
- ✓ Chronic disease prevention education
- ✓ Cancer prevention education
- ✓ Discuss routine cancer screening options
- ✓ Smoking cessation advice
- ✓ HPV testing (previously known as PAP test)
- ✓ Pregnancy testing
- ✓ Information on emergency contraception (Plan B)
- ✓ Sexual Health - testing for sexually transmitted infections
- ✓ Labwork (must have Life Labs requisition from GP or specialist)
- ✓ Wound assessment

LET'S TALK PREVENTION!

**Call Now To Register**  
226-776-9030

## Upcoming Dates:

January 13

February 10

March 10

**Time:**  
9:30am - 2pm

## Location:

Aajiwnaang First Nation  
Health Centre  
1300 Tashmoo Ave

## Why Register?

**Walk a  
Healthier  
Path**

**Take Care  
of Your  
Whole  
Self!**

**Support  
for Your  
Health  
Journey**

**Early  
Detection  
Saves  
Lives**